

Executive 
Presence

Enhance your professional presence,
personal impact and influence

Great leaders move us. They command respect. They tap their personal power to influence – to truly lead. They have executive presence. These leaders don't all act or look the same but research shows that the most effective executives have something in common: A set of specific, learnable, measurable leadership skills that increase self awareness, personal power and the ability to connect with others.

Leveraging the latest neuroscience to provide you with a fresh perspective on your leadership, the program is active, focused, and powerful.

Benefits

We start with you – your understanding of self, your patterns and your choices. We then support you to discover and explore what it takes to create your signature style and incorporate it into all of your communications – dramatically increasing your impact. Through consistent practice and feedback you will gain a heightened awareness and increased skills to lead others with impact and influence.

You will leave with:

- Leadership strategies to enhance your performance
- An understanding of the link between neuroscience, emotional and social intelligence and your leadership style
- A stronger ability to connect and establish rapport
- Greater confidence to present yourself with authority, courage and authenticity
- Strategies to manage workplace stress and pressure
- Increased ability to influence others and powerfully deliver your message

*Becoming a more powerful leader
doesn't mean changing who you are.*

It means becoming more of who you are.



What drives you as a leader? How can you apply that insight to connect more powerfully with others so you leverage your full capacity working with and through people?

Powerful Design

You can expect:

- Focused personal attention in order to understand and manage your ability to communicate effectively.
- Extensive practice and candid feedback from your coaches and peers to move you forward quickly and powerfully.
- Resources to ensure that learning sticks – including copies of your videotaped presentations, reading and media for deepening your understanding, practice aids to support action, and access to additional resources and coaching.

Agenda:

Day 1 will focus on your leadership style. Topics include leadership and trust, emotionally intelligent leadership, understanding your leadership patterns, managing your emotions, and developing a model for self-leadership. The day includes individually taped presentations and setting your personal objectives for the week.

Day 2 focuses on your leadership presence. Topics include the neuroscience of leadership and the brain's influence on presence, advanced tools to enhance your leadership presence, building an inspirational leadership style, how to recognize and adapt to the behavior of others, and more videotaped practice with feedback.

Day 3 focuses on connecting with others. Topics include the art of connecting with others, influence skills, and leading with purpose. Peer feedback and leadership project presentations with feedback wrap up the day, followed by a celebratory dinner off-site.

Day 4 focuses on sustaining your leadership energy and presence, translating the skills of executive presence to the workplace and designing your Executive Presence Development Plan.

Features:

- 3-1/2 days
- Limited enrollment (application process)
- Individual videotaping and feedback
- A blend of group, small group and individual experiences
- Action plans for integration back in the workplace

Tools for Continued Development

- Assessment results
- Workbook
- Journal
- Executive Presence Development Plan
- DVDs of your presentations
- Option for on-going coaching



Program Dates: 23-26 August (Tuesday 8 am to Friday noon)

Brisbane area
Australia

Logistics

Registration AU\$2870

Save your place with a \$500 deposit

Contact us for more information leadership@sixseconds.com

Or fill in the contact form on www.6seconds.org/leadership

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Your Facilitators and Coaches

Mimi Frenette (MCC) and Melissa Donaldson (PCC) are known to empower individuals and groups with the focus, training and accountability needed to achieve consistent results. They bring extraordinary resources and a wealth of knowledge and experience for powerfully improving your performance. They will challenge you and also provide a safe rewarding environment that makes true change possible. Both Mimi and Melissa are International Coach Federation (ICF) certified coaches with many years of international coaching and leadership development experience between them.

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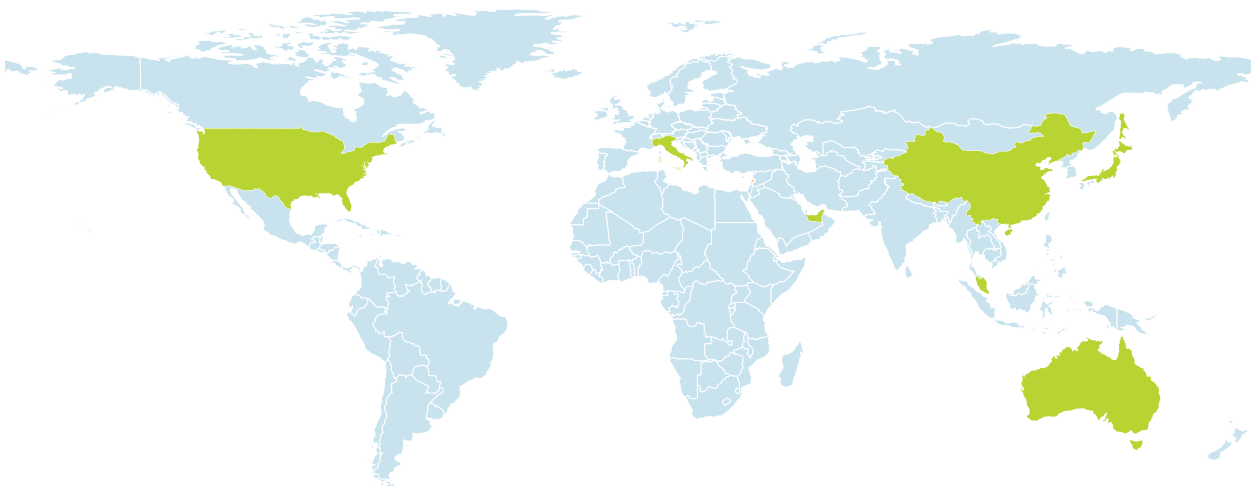


Six Seconds Leadership supports leaders to meet their pressing challenges and achieve world-class performance with and through people.

About Us

Using blended development programs linked to solid metrics and based in the latest neuroscience, graduates are leaders with the vision, insight, presence and skill to influence, engage, adapt, and excel - they are leaders worth following. Whether you or your firm needs to develop leadership talent, culture or strategy, the Six Seconds solutions assist you to deliver measurable results.

Six Seconds is a global organisation supporting positive change and people performance. Established in 1997, Six Seconds is the most extensive organization of its kind in the world, with offices in eight countries and practitioners in over 100, dozens of published tools, and a 13-year track-record serving a range of clients from Fortune 500 (e.g, FedEx, HSBC) to government and NGO (UN, US Navy) to schools and communities around the globe for change management, increasing employee and customer engagement, and strengthening leadership and social responsibility. Six Seconds' solutions are grounded in current research, and include transformational education programs for communities and schools, powerful learning and development programs, scientifically validated assessments, and effective consulting processes increasing the people-side of organizational performance.



Leading businesses and agencies world-wide use Six Seconds' programs and tools, including...

